

### **He is the model**

Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death—even death on a cross! (Philippians 2:6-8)

### **He puts challenges before us**

“Come,” he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. (Matthew 14:29)

### **He provides for our needs**

He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your fathers had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the LORD. (Deuteronomy 8:3)

### **He accompanies us in trials**

It was good for me to be afflicted so that I might learn your decrees. (Psalms 119:71)

### **He gives us his promises**

I will instruct you and teach you in the way you should go; I will counsel you and watch over you. (Psalms 32:8)

Instruction  
Direction  
Counsel  
Protection

### **The solution**

“Come to me, all you who are weary and burdened, and **I will give you rest**. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and **you will find rest for your souls**. For my yoke is easy and my burden is light.” (Matthew 11:28-30)

### **The Rest of God**

Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience. (Hebrews 4:11)

## **A Great Invitation**

Destiny Christian Church  
Major David McCann - April 10, 2005

### **Introduction**

*At that time Jesus said, “I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this was your good pleasure. “All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him. “Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” (Matthew 11:25-30)*

### **Weary and burdened**

Your kids? Your parents? Family? Health? Finances? Unanswered prayers? Hopelessness? Being stuck? Tired of self? Sin  
Loneliness Big task Physical illness

### **1. Jesus invites us to come to Him.**

- Come to me, all you who are weary and burdened, and I will give you rest.
- Jesus invites us
- Why an invitation?
- What keeps us from coming to Jesus?
- Lack of knowledge = Lack of trust

### **For sinners**

Isaiah 1:18 “Come now, let us reason together,” says the LORD. “Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.

### **Thirsty?**

Isaiah 55:1 “Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost.

### **Disciples**

Matthew 4:19 “Come, follow me,” Jesus said, “and I will make you fishers of men.”

- To have them with Him.
- To make them into ...

## Rest

- The benefits of rest.
- Visiting a physiotherapist.
- What about spiritual rest.
- Because Jesus invites us, if we come to Him, we will experience real rest.

## 2. Take my Yoke

**Jesus says: “Take my yoke upon you ..., and you will find rest for your souls. For my yoke is easy and my burden is light.”**

- What is a “yoke”?
- Take my yoke

## Share the load

*Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you. (1 Peter 5:6-7)*

- Jesus wants to be our PARTNER
  - Your life
  - Your burdens
  - Your fears

## Control

- Yoke = submission to authority.
- Change yokes
- “*It could be the devil or it could be the Lord, but you gotta serve somebody!*” - Bob Dylan

## Pace

- Same direction – same pace.
- He leads
- Since we live by the Spirit, let us keep in step with the Spirit.  
Galatians 5:25

The Lord is my pacesetter, I shall not rush. He makes me stop and rest for quiet intervals. He provides me with images of stillness, which restore my serenity. He leads me in the way of efficiency through calmness of mind and His guidance is peace. Even though I have a great many things to accomplish this day I will not fret for His presence is here. His timeless all importance will keep me in balance. He prepares a refreshment and renewal in the presence of my activity by anointing my mind with His oil of tranquility. My cup of joyous energy overflows. Surely harmony and effectiveness shall be the fruit of my hours for I shall walk in the pace of my Lord forever.

## Easy Yoke

Jesus said “*My yoke is easy...*”.

Easy = tailor-made and perfectly fitting.

- Love makes every burden bearable...
- *I desire to do your will, O my God; your law is within my heart.” (Psalms 40:8)*
- *This is love for God: to obey his commands. And his commands are not burdensome, (1 John 5:3)*

## 3. Learn from Me...

The answer

- Not 3 different solutions
- But 1 solution with 3 parts
  - Come to me
  - Take my yoke
  - Learn from me
- Mettez-vous à mon école (Semeur)
- Laissez-moi vous instruire (Fr. courant)

## In the school of Jesus

Why do we need to go to school?

- Kingdom life can only be learned there.
- Life-long learning is the norm.
- The blessing of these last few years.
  - To watch men of God in action
  - Re-learn prayer, listening, etc.

## Jesus’ model for learning

- He appointed twelve— designating them apostles—that they might be with him and that he might send them out to preach and to have authority to drive out demons. (Mark 3:14-15)

## How does he teach us?

- He serves as a model
- His life of prayer
- His actions
- W.W.J.D?