

## COVENANT FOR COUPLES

Names: \_\_\_\_\_

### **Covenant Commitments:**

1. I have left all others to be one with you. I will put you before all other people. You are first.
2. I choose to become one with you in body, soul and spirit. I open myself to God to bring this oneness into manifestation on the earth.
3. I want to be a safe place for you. I will be to you a person of comfort, love and communicate all my thoughts dreams and emotions.
4. I want to support and build you up with my words and thoughts. I choose to pray for you to prosper in your health, to be a good steward of our finances, to make Godly decisions for us as a couple and a family, using the Word of God as my guide.
5. I commit to try to act according to the Agape Love for you that is in my heart, not according to the wounds of the past or present.
6. I want to put your needs before my needs or the needs of others. I entrust to Christ my accountability as a Christian and commit to you as a Covenant mate.
7. I want to help you grow spiritually and choose not to accuse you nor criticize you with my words. Please help me grow spiritually without accusing me or criticizing my decisions.
8. I choose to appreciate our personality differences and to rely on the strength of God within you to lead me and guide our lives. I believe and accept that we are each other's compliment.
9. I choose to be cooperative with you, a prayer cover for you and a productive partner with you in increasing the strength and maturity of our covenant relationship.
10. I choose to expect you to have my best interest within your heart, desiring and expecting good things for me. I choose to believe you are God's blessing to my life.
11. I choose to remove myself from any cycle of "Control, Rebellion, Rejection" or the "Shame, Fear, Control," nor cooperate with the enemy to stay entrapped in these cycles.
12. (For HUSBAND) As your husband, I commit to love you and honor you as my Covenant Wife, as Christ loves the Church, His Bride and gave Himself as a sacrifice for her. I choose to see the potential and destiny that God has placed within you and to encourage and pray for you to complete its fullness. ... Ephesians 5:25-31.
13. (For Wife) As your wife, I commit to love and honor you as my covenant husband, to be a suitable helpmeet and to submit to you as is fitting in the Lord. I choose to see the potential and destiny that God has placed within you and to encourage and pray for you to complete its fullness ... Ephesians 5:21-24.

**Ground Rules:**

1. When we do run into a hurtful and/or sensitive area, either one of us can ask for a time to discuss the issue calmly and with respect. We also commit to listen to each other's point of view and opinion without criticism or judgment.
2. We will mutually submit one to another and set a time, either right then or within a reasonable time period, (not more than 24 hours) to come together after we have prayed and sought the Lord for direction and forgiveness.
3. We will be submissive to the Lord to be in charge of our words and discussion.
4. We will have a teachable spirit and allow the Holy Spirit to reveal any personal involvement we may have made to contribute to the conflict.
5. If either one needs to call a Truce or "Time Out" the other mate will honor it.
6. We will each pray for our mate for God to mature and sanctify our hearts as well as Divine guidance in perfecting our marriage.
7. We will always try to honor each others decisions and try not to make choices or decisions that affect each other or the family, without first discussing them.
8. As a mate and/or parent, we will honor each other in order to bring stability, provide healthy boundaries and proper responsibility with the family unit.
9. When a decision has reached an impasse, as a wife, I choose to honor and submit to my husbands decision as the final choice. I will do so willingly with the agreement and understanding that the decision is foundationally biblical and will not alter nor endanger the family or our covenant relationship financial, physical or emotional.

We have spoken the attached Covenant in faith and love. We accept the Ground Rules and agree to enhance and add to them as we decide is applicable to our family. We accept the commitment we have made to each other as a Covenant husband and wife on this day the \_\_\_\_\_ of \_\_\_\_\_ in the year \_\_\_\_\_.

Signed: \_\_\_\_\_ Witnessed by: \_\_\_\_\_  
 (Husband) (Minister or Counselor)

Signed: \_\_\_\_\_ Witnessed by: \_\_\_\_\_  
 (Wife) (Minister or Counselor)

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**How does a Covenant Differ from a Contract?**

- A Covenant is based on trust between the parties.  
 A contract is based on distrust.
- A Covenant is based on unlimited responsibility.  
 A contract is based on limited liability
- A covenant cannot be broken if new circumstances occur.  
 A contract can be voided by mutual consent.