

- “*Compassion fatigue*” - You stop caring, because you’ve cared too much

## **B. RELATIONAL PASSION KILLERS**

### **3. An Unresolved Conflict**

1 John 4:20, NIV – “... *For anyone who does not love his brother, whom he has seen, cannot love God, whom he has not seen.*”

- If you want a passionate love for God, you’ve got to keep your relationships with other people healthy

Job 5:2, NLT – “*Resentment destroys the fool, and jealousy kills the simple.*”

Job 18:4, GN - “*You are only hurting yourself with your anger.*”

- a) Reconcile, If Possible
- b) Forgive Always
  - Forgiveness is saying, “God, I put it in Your hands, and take it out of my hands.”

### **4. An Unsupported Lifestyle**

- We were made to live in relationship with other people

Ecclesiastes 4:9-10, NIV - “*Two are better than one, because... if one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!*”

Hebrews 10:24-25, NIV - “*Let us consider how we may spur one another on toward love and good deeds. Let us not give up meeting together ... but let us encourage one another.*”

## **SPIRITUAL PASSION KILLERS**

### **5. An Unexamined Life**

- Socrates: “An unexamined life is not worthy living.”

Lamentations 3:40, GW - “*Let us look closely at our ways and examine them and then return to the Lord.*”

- Benefits Of Self-Examination:
  - a) God’s going to replenish your soul
  - b) God’s going to pinpoint areas in your life that need to be dealt with – issues to be resolved, sins to be confessed

Psalm 38:4, NIV – “*My guilt has overwhelmed me like a burden too heavy to bear. I am bowed down and brought low.*”

- You cannot feel passion and guilt at the same time

1 John 1:9, NIV – “*If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*”

1 Corinthians 11:31, NLT - “*If we examine ourselves, we will not be examined by God and judged in this way.*”

2 Corinthians 13:5, MES – “*Test yourselves to make sure you are solid in the faith. Don’t drift along taking everything for granted. Give yourselves regular checkups.*”

- Do a regular “Life Review”: Reflect on the past, realize how are doing in the present, get a sense of where is God leading you for the future.

### **6. An Undernourished Soul**

Deuteronomy 8:3, NLT - “*People need more than bread for their life; real life comes by feeding on every word of God.*”

- Our soul needs to be nourished every day

Proverbs 3:22, LB - “*God’s principles will fill you with living energy.*”

Romans 12:11, NLT - “*Don’t burn out. Keep yourselves fueled and aflame.*”

Romans 10:17, CEV - “*Faith comes from hearing the Word of God.*”

### **7. An Unapplied Truth**

- Four parts to applying God’s truth in my life: Let it:
  - a) Change the way I think
  - b) Change the way I feel
  - c) Change the way I act
  - d) Change the way I relate

2 Peter 1:5, NLT – “Make every effort to apply the benefits of God’s promises to your life. Then your faith will produce a life of moral excellence which leads to knowing God better.”

☐ It’s not the knowledge that changes you – it’s doing that changes you

James 1:23-25, NJB - “*Anyone who listens to the Word and takes no action is like someone who looks at himself in a mirror and... goes off and immediately forgets it. But anyone who... puts it into practice [applying the truth] will be blessed in every undertaking.*”

James 1:22, NLT - “Remember, it is a message to obey, not just to listen to. If you don’t obey, you are only fooling yourself.”

James 4:17, NIV – “*Anyone who knows the right thing to do and doesn’t do it is sinning.*”

Luke 8:21, NAB - *Jesus: “My mother and My brothers are those who hear the Word of God and act on it.”*

## 8. An Unexpressed Faith

Ephesians 4:15a (AMP) - “*Let our lives lovingly express truth in all things, speaking truly, dealing truly, living truly.*”

Psalms 96:2, LB - “*Each day tell someone that He saves.*”

1 Peter 2:9, MES - “*... you are God’s instruments to do His work and speak out for Him, to tell others of the night-and-day difference He made for you!*”

☐ “Pass It On principle”: The more I give out the more God gives me

## HOW TO GET YOUR PASSION BACK

1 Timothy 4:7, MES – “Take the time and trouble [work] to keep yourself spiritually fit.”

## THE “CHAT” HABITS FOR KEEPING PASSION

**C – Check** – Give Yourself Regular Checkups

**H – Hear** – Hear the Word

**A – Act** – Act on it.

**T – Tell** – Tell others

## HOW TO RE-ENERGIZE YOUR LIFE

### # 1 – Restore Your Passion

David Hibbert – August 15, 2004

## GOD CREATED YOU TO HAVE A PASSIONATE LIFE!

☐ Nothing great is ever accomplished, or sustained, without passion

John 10:10, NLT – “*My purpose is to give life in all its fullness.*”

1 Corinthians 1:9, MES - “*God, who got you started in this spiritual adventure, shares with us the life of His Son and our Master Jesus. He will never give up on you. Never forget that!*”

## UNDERSTAND THE EIGHT MAJOR PASSION KILLERS

☐ “What are you doing under the circumstances? You should be on top of them!”

### A. EMOTIONAL PASSION KILLERS

#### 1. An Unclear Purpose

Isaiah 49:4, NIV - “*I’ve labored to no purpose at all. I’ve spent my strength in vain, for nothing.*”

Romans 8:28, NIV - *And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

☐ Without a purpose, life is motion without meaning, activity without direction; it’s trivial, it’s petty and it’s pointless

#### 2. An Unbalanced Schedule

☐ “*Fatigue makes cowards of all of us.*” – Vince Lombardi

Psalms 127:2, LB - “*It is senseless for you to work so hard from early morning until late at night, fearing you will starve to death; for God wants His loved ones to get their proper rest.*”

Ecclesiastes 3:1-8, NIV - *There is a time for everything, and a season for every activity under heaven: a time to ...*