

- e) Truth Brings Freedom
John 8:32, CEV – “*You will know the truth and the truth will set you free.*”
 The truth THAT YOU KNOW will set you free

4. I Must Do – What God Says

- a) Start Living It
Matthew 3:8, NCV – “*Do the things that show you’ve really changed your hearts and your lives.*”
Colossians 2:7, Msg – “*Now do what you’ve been taught. School’s out. Quit studying the subject. Start living it.*”
- b) Do The “One Thing”
 When you and I pick the one thing, we can do it – we can live it out
- c) God Is Going To Keep After You
Romans 2:4, Msg – “*Did you think that because He’s such a nice God He’d let you off the hook? Better think this one through from the beginning. God is kind but He’s not soft. In kindness, He takes us firmly by the hand and He leads us into radical life change.*”
- d) Four Obstacles To Deal With
* Fear * Anger * Procrastination * Perfection
- e) Give Your One Thing To God
Philippians 3:13-14, NLT – “*I am still not all I should be but I am focusing all my energies on this one thing. Forgetting the past and looking forward to what lies ahead I strain to reach the end of the race and receive the prize for which God through Christ Jesus is calling us up to heaven.*”
- Take it one thing at a time, and watch God grow your life

HOW TO RE-ENERGIZE YOUR LIFE

3 – Refocus Your Priorities

David Hibbert – September 12, 2004

REVIEW

- 1. Restore Your Passion** - Deal with the 8 Passion-killers
John 10:10, NLT – “*My purpose is to give life in all its fullness.*”
 - a) An unclear purpose (get focused).
 - b) An unbalanced schedule (change your priorities).
 - c) An unresolved conflict (deal with conflict).
 - d) An unsupported lifestyle (develop relationships).
 - e) An unexamined heart (regularly check your heart).
 - f) An undernourished soul (feed your soul).
 - g) An unapplied truth (do what you know to do).
 - h) An unexpressed faith (share what you are learning).
- 2. Reduce Your Pressure** – Receive rest from God
Matthew 11:28-30, RSV – “***COME** to Me, all you that are weary and are carrying heavy burdens, and I will give you rest. **TAKE** My yoke upon you, and **LEARN** from Me; for I am gentle and humble in heart, and you will **FIND** rest for your souls. For My yoke is easy, and My burden is light.*”
 - a) COME To Christ – for rest
 - b) GIVE UP Control – give Him your yoke, and take His
 - c) LEARN to trust – learn gentleness (non-aggression) and humility (non-controlling)
 - d) Result – You will FIND REST for your souls!
- 3. Re-focus Your Priorities** – Make God’s Kingdom your primary concern
Matthew 6:33, NLT – “*He will give you all you need from day to day if you live for Him and make the Kingdom of God your primary concern.*”

PUTTING GOD AT THE CENTRE

1. What Is The Kingdom Of God?

- The kingdom of God is where God’s will is done
- God’s will, God’s plan, God’s way – that’s God’s kingdom
- God doesn’t want to just be another spoke on the wheel of your life, He wants to be the hub of your wheel – He wants to be at the center

2. How To Put God At The Centre

Matthew 3:2, GW – “Turn to God and change the way you think and act, because the kingdom of heaven is near.”

- Change the way you think and act – by having a change of heart

3. What Does A Change Of Heart Look Like?

- a) A New Way To See And Live Differently
- b) Bitter And Ungrateful – To Thankfulness For What You Do Have
- c) Depression And Hopelessness – To New Hope
- d) Prolonged Anger – To Forgiveness

4. Things That Don't Work For Heart-Change

- a) Pressure Doesn't Work To Change Your Heart
- b) Guilt Doesn't Work To Change Your Heart
- c) Time Doesn't Work To Change Your Heart

FOUR FACTORS FOR LASTING HEART-CHANGE

1. I Must Experience – Some Pain

- a) Pain Causes Us To Realize We Need To Change
 - Change does not occur, until the real pain of not changing, becomes greater than the anticipated pain of making a change
 - It takes some pain to wake us up to the fact that we need to change

2 Corinthians 7:10, TLB – “God sometimes uses sorrow in our lives to help us to turn away from sin and to seek eternal life.”

 - Human nature is to keep going in the same direction, so we need pain to turn us in a different direction.
- b) Pain Causes Us To Learn God's Principles
Psalm 119:71, Msg – “My troubles turned out all for the best. They forced me to learn from Your textbook.”
- c) Pain Is An Indicator That Moves Us From Problem To Solution
 - Pain is not good – what is good is what God does in our lives through the pain.

2. I Must Believe – That God Wants What Is Best For Me

- a) God Wants The Best For You
Isaiah 48:17, NIV – “I am the Lord your God who teaches you what is best for you, who directs you in the way that you should go.”
- b) God Wants To Give You Hope – Not Misery – AND Joy And Peace
Romans 15:13a, NIV – “May the God of hope fill you with all joy and peace as you trust in Him.”
- c) God Wants To Give You Every Good Thing
Romans 8:32, NLT – “Since God did not spare even His own Son but gave Him up for us all, won't God who gave us Christ also give us everything else?”
- d) God Wants Us Up – The World Wants Us Down
Romans 12:2, Msg – “Unlike the culture around you always dragging you down to its level of immaturity God brings the best out in you. He develops well formed maturity in you.”

3. I Must Know – God's Truth

- a) Our Choice Is Truth Or Trash
Proverbs 15:14, NLT – “A wise person is hungry for truth. The fool feeds on trash.”
- b) Our Temptation Is To Settle For Trash
- c) Trash Is More Than Worldly Entertainment
 - Quick Advice; quick decisions, quick thoughts
- d) How Do I Get Truth In My Life?
Proverbs 2:2-5, NCV – “Listen carefully to wisdom. Set your mind on understanding. Cry out for wisdom and beg for understanding. Search for it like silver and hunt for it like hidden treasure. Then you will understand respect for the Lord and you will find that you know God.”
 - What are you doing to make an investment in the truth right now in your life?