

MISSION STATEMENT WORK SHEET

- Write down your working combination of your Core Passions (your 3 action verbs) and your Core Value (your 1 noun).
- Remember, this is a work in progress, and the words may not yet fit together or sound exactly right.

My mission is to:

_____, _____, and _____
(your three action verbs – your core passions)

(your one noun – your core value)

BEGINNING THE HONING PROCESS

- Combine each one of your verbs, one at a time, with the core value – and ask the questions below.
 - What about that word (verb or noun) do I like?
 - Is that what I really do or want to do?
 - What other words might make a better substitute?
- Perhaps one or more of the verbs is weak or doesn't make sense with the core value.
- Ask yourself which word rings more true for you -- then discard or lay aside the weaker word and seek a stronger replacement.
- Remember that you have 4 other core passions (verbs) which you can still draw from.
- If you get too baffled, back totally up and ask “What is it I want to be about?”
- At this point you can usually say in a sentence or two what your heart is feeling.
- Listen carefully to yourself – and pay attention to the verbs and nouns you used.

Example: One man said his core value was “people.” He had been unable to come up with any verbs. The question was asked – “What about people (core value) do you like?” “Everything,” he said. “What especially excites you about people (core value)?”, he was asked. “Seeing them come together,” he replied. “In a team?” he was asked. “Yes,” he said excitedly. “What would those teams be about?” he was asked. “Healing,” he replied. It boiled down that his mission was “to create, lead, and inspire healing teams.” “That's what he does!,” shouted one of his co-workers. The man brightened visibly and was asked, “If you could do this -- and only this -- would you be happy?” “Yes,” he replied. “Would you be busy?” “Yes,” he said. “Could you do this at work and at home?” “Yes,” he stated. We had discovered his mission!

Confirming Your Core Passions

You may want to enlist a partner to help you with this exercise.

Can you _____ (verb # 1) _____ (core value)?

Can you _____ (verb # 2) _____ (core value)?

Can you _____ (verb # 3) _____ (core value)?