

HOW TO KEEP MOTIVATED FOR BREAK-OUT

1. Realize The Need For A Focus

- Abraham
- Focus on your God-given promise
- Keep looking forward
- See every challenge as an opportunity to see by faith

- Joseph
- Focus on your God-given dream
- See God's long-term plan in every challenge
- See every challenge as an opportunity to increase in influence

- Paul
- Focus on your God-given goal
- Forget the past and press on to your goal
- See every challenge as a stepping stone to accomplishment

- Jesus
- Focus on the joyful result
- Look ahead to the joyful outcome
- See every challenge as a step closer to ultimate joy

2. An Example From Marriage

- Your marriage will never last beyond your sense of purpose for your marriage
- A Cause: "For the sake of the kids"

3. Strategy: Find A Cause Now, And A Purpose Later

- Get a cause, and focus on that cause, because a cause will give you the motivation you need, to begin to break out
- Once you've broken out, and are breaking forth, discover God's purpose for your life, and start to focus on that purpose.

4. Starting Point: Prepare For Change

- Break-out requires change
- God wants you to change your methods, not your mission

BREAK OUT – FORTH – IN - THROUGH!

Part 2 – How To Stay Motivated For Break-Out

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REVIEW

- Gold fish illustration
- 2 Samuel 5:17-20, NIV – (17) *When the Philistines [lit. = mourners] heard that David had been anointed king over Israel, they went up in full force to search for him, but David heard about it and went down to the stronghold. (18) Now the Philistines had come and spread out in the Valley of Rephaim [lit. = discouragement, failure, helplessness]; (9) so David inquired of the LORD, "Shall I go and attack the Philistines? Will you hand them over to me?" The LORD answered him, "Go [up], for I will surely hand the Philistines over to you." (20) So David went to Baal Perazim, and there he defeated them. He said, "As waters break out [lit. = break out, burst forth, increase, become prosperous] the LORD has broken out against my enemies before me." So that place was called Baal Perazim [Lord of breakthroughs and breakouts].*

1. Break-out

- a) Stop believing the lie that you were created for containment
- b) Rise up, and embrace change
 - i. Change Your Thinking - Renew Your Mind
 - ii. Change Your Feeling - Speak Faith Not Feeling
 - iii. Change Your Actions – Do Things Differently

2. Break-forth

- a) Get as far away from your former way of living as possible
- b) Key: You are attracted to what you focus on

3. Break-in

- a) Move into your purpose, your God-given assignment

4. Break-through

- a) Expect break-throughs to empower you to fulfill purpose

- Starting point: Make a declaration of war against your containment

PEOPLE WHO FULFILLED THEIR PURPOSE

1. Abraham – Focus on the God-given promise

- a) The Assignment – Become a great nation and a great blessing
 - Genesis 12:1-3, NIV – (1) *The LORD had said to Abram, "Leave your country, your people and your father's household and go to the land I will show you. (2) I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing. (3) I will bless those who bless you, and whoever curses you I will curse; and all peoples on earth will be blessed through you."*
- b) The Challenge
- c) The Strategy – Keep looking forward
 - Hebrews 11:8-10, NIV – (8) *By faith Abraham, when called to go to a place he would later receive as his inheritance, obeyed and went, even though he did not know where he was going. (9) By faith he made his home in the promised land like a stranger in a foreign country; he lived in tents, as did Isaac and Jacob, who were heirs with him of the same promise. (10) For he was looking forward to the city with foundations, whose architect and builder is God.*

2. Joseph – Focus on the God-given dream

- a) The Assignment – Become a great leader of God's people
 - Genesis 37:5-7, NIV – (5) *Joseph had a dream, and when he told it to his brothers ... (6) He said to them, "Listen to this dream I had: (7) We were binding sheaves of grain out in the field when suddenly my sheaf rose and stood upright, while your sheaves gathered around mine and bowed down to it."*
- b) The Challenge
- c) The Strategy – See God's long-term plan in every challenge
 - Genesis 45:5-7, NIV – (5) *And now, do not be distressed and do not be angry with yourselves for selling me here, because it was to save lives that God sent me ahead of you. ... (7) But God sent me ahead of you to preserve for you a remnant on earth and to save your lives by a great deliverance.*

3. Paul – Focus on the God-given goal

- a) Assignment – Know God's will and voice and be a witness
 - Acts 22:14-15, NIV – (14) *Then he said: The God of our fathers has chosen you to know his will and to see the Righteous One and to hear words from his mouth. (15) You will be his witness to all men of what you have seen and heard.*
- b) The Challenge
- c) The Strategy – Forgetting the past and pressing on to the goal
 - Philippians 3:12-14, NIV – (12) *Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. (13) Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, (14) I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.*
 - 2 Corinthians 11:28-29, NIV – (28) *Besides everything else, I face daily the pressure of my concern for all the churches. (29) Who is weak, and I do not feel weak? Who is led into sin, and I do not inwardly burn?*

4. Jesus – Focus on the joyful result

- a) The Assignment – Save people from their sins
 - Matthew 1:21, NIV – *She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins.*
- b) The Challenge
- c) The Strategy – Looking ahead to the joyful outcome
 - Hebrews 12:2, NIV – *Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.*